

## Grove

2/F, Academic Building, 3 Sassoon Road

*This menu is for reference only. For daily menu and latest promotion, please visit or contact the outlet directly.  
w.e.f. March 2023*

### 早餐 Breakfast

產品	Item	Price 價錢
英式早餐 (煎蛋 x 2 / 煙肉 / 紐倫堡腸 / 車厘茄 / 水耕菜沙律 / 多士)	English Breakfast (Fried Eggs x 2 / Bacon / Nürnberger Sausage / Cherry Tomatoes / Hydro Veggie Salad / Toast)	\$35.0
素食早餐 (煎蛋 x 2 / 炒蘑菇 / 車厘茄 / 水耕菜沙律 / 多士)	Vegetarian Breakfast (Fried Eggs x 2 / Sautéed Mushrooms / Cherry Tomatoes / Hydro Veggie Salad / Toast)	\$33.0
炒蛋提子烤餅早餐 配迷你番茄湯螺絲粉 / 奇亞籽燕麥杯	Scrambled Egg on Raisin Scone with Mini Fusilli with Tomato Soup or Chia Seed & Oatmeal Hot Cup	\$33.0
火腿芝士飛碟 配藜麥田園沙律	Ham & Cheese Toastie served with Quinoa Green Salad	\$26.0
牛油果雞肉飛碟 配藜麥田園沙律	Avocado & Chicken Toastie served with Quinoa Green Salad	\$30.0
碎蛋沙律牛角酥 配藜麥田園沙律	Egg Salad Croissant served with Quinoa Green Salad	\$33.0
香草醬牛油果沙律罌粟籽比高	Pesto Avocado Poppy Seed Bagel	\$39.0
烤雜菜番茄湯螺絲粉	Roasted Vegetables Fusilli in Tomato Soup	\$30.0
火腿蛋番茄湯螺絲粉	Ham & Egg Fusilli in Tomato Soup	\$30.0
全日早餐 (煎蛋、煙肉、豬肉腸、香草車厘茄、水耕菜沙律、美式焗薯角、烤南瓜、烤蘑菇、煙三文魚、多士)	All Day Breakfast (Fried Egg, Bacon, Pork Sausage, Cherry Tomatoes, Hydro Veggie Salad, Baked Potato Wedges, Roasted Pumpkin, Roasted Mushroom, Smoked Salmon, Toast)	\$56.0
<b>可配以下飲品一杯：</b>	<b>Includes One Drink:</b>	
跟餐： 咖啡 / 檸檬茶 / 伯爵茶 / 英式早餐茶	Served with: Coffee / Lemon Tea / Earl Grey Tea / English Breakfast Tea	Included
轉鮮奶咖啡	Change to Hot Latte	+\$6
轉泡沫咖啡	Change to Hot Cappuccino	+\$6
轉時令特飲	Change to Seasonal Drinks	+\$13
以上飲品轉凍飲	All the above change to Iced Drink	+\$2

## 午餐 Lunch

產品	Item	Price 價錢
番茄湯螺絲粉配慢煮辣雞胸	Slow Cooked Spicy Chicken Breast Fusilli in Tomato Soup	\$45.0
番茄湯螺絲粉配煙三文魚	Smoked Salmon Fusilli with Tomato Soup	\$45.0
卡邦尼意粉	Carbonara	\$47.0
香草醬忌廉牛油果意粉	Avocado Spaghetti with Pesto Cream Sauce	\$50.0
杏仁忌廉汁焗煙三文魚螺絲粉	Smoked Salmon Fusilli with Almond Cream	\$50.0
肉醬千層麵	Lasagna Bolognese	\$53.0
烤雜菜牛油果意大軟包配南瓜田園沙律	Avocado & Roasted Vegetable Ciabatta served with Pumpkin Salad	\$49.0
燒牛肉・蘑菇芝士・洋蔥美式卷配南瓜田園沙律	Roast Beef, Cheesy Mushroom & Onion Wrap served with Pumpkin Salad	\$49.0
<b>可配以下飲品一杯：</b>	<b>Includes One Drink:</b>	
跟餐： 咖啡 / 檸檬茶 / 伯爵茶 / 英式早餐茶	Served with: Coffee / Lemon Tea / Earl Grey Tea / English Breakfast Tea	Included
轉鮮奶咖啡	Change to Hot Latte	+\$6
轉泡沫咖啡	Change to Hot Cappuccino	+\$6
轉時令特飲	Change to Seasonal Drinks	+\$13
以上飲品轉凍飲	All the above change to Iced Drink	+\$2

## 下午茶 Tea Set

產品	Item	Price 價錢
碎蛋沙律芝士飛碟拼藜麥田園沙律	Egg Salad & Cheese Toastie served with Quinoa Green Salad	\$28.0
雞肉蘑菇芝士飛碟拼藜麥田園沙律	Chicken, Mushroom & Cheese Toastie served with Quinoa Green Salad	\$30.0
朱古力雜莓牛角酥	Chocolate & Berries Croissant	\$37.0
蝦多士伴藜麥田園沙律	Shrimp Toast served with Quinoa Green Salad	\$36.0
煙三文魚碎蛋沙律罌粟籽比高	Smoked Salad & Egg Salad Poppy Seed Bagel	\$40.0
美式熱狗拼薯條	American Hot Dog with French Fries	\$28.0
太陽蛋芝士肉醬螺絲粉	Cheesy Bolognese Fusilli with Sunny-side-up Fried Egg	\$43.0
全日早餐 (煎蛋、煙肉、豬肉腸、香草車厘茄、水耕菜沙律、美式焗薯角、烤南瓜、烤蘑菇、煙三文魚、多士)	All Day Breakfast (Fried Egg, Bacon, Pork Sausage, Cherry Tomatoes, HydroVeg Salad, Baked Potato Wedges, Roasted Pumpkin, Roasted Mushroom, Smoked Salmon, Toast)	\$56.0
可配以下飲品一杯：	<b>Includes One Drink:</b>	
跟餐： 咖啡 / 檸檬茶 / 伯爵茶 / 英式早餐茶	Served with: Coffee / Lemon Tea / Earl Grey Tea / English Breakfast Tea	Included
轉鮮奶咖啡	Change to Hot Latte	+\$6
轉泡沫咖啡	Change to Hot Cappuccino	+\$6
轉時令特飲	Change to Seasonal Drinks	+\$13
以上飲品轉凍飲	All the above change to Iced Drink	+\$2

## 三文治 & 沙律 Sandwiches & Salads

產品	Item	Price 價錢
<b>意式三文治 Grilled Panini</b>		
慢煮雞胸凱撒意式三文治	Slow Cooked Chicken Caesar Panini	\$40.0
意大利青瓜 · 慢煮辣雞胸意式三文治	Zucchini, Slow Cooked Spicy Chicken Breast Panini	\$40.0
艾文達芝士 · 牛油果 · 菠菜意式三文治	Emmental Cheese, Avocado & Spinach Panini	\$43.0
蜜糖芥末燒牛肉白蘑菇意式三文治	Roast Beef, Wild Mushroom & Honey Mustard Panini	\$43.0
蜜糖芥末煙三文魚意式三文治	Smoked Salmon & Honey Mustard Panini	\$43.0
牛油果 · 嘉文火腿 · 烤意式三文治	Avocado & Gammon Ham Panini	\$46.0
<b>墨西哥卷 Mexican Wrap</b>		
慢煮雞胸凱撒墨西哥卷	Slow Cooked Chicken Caesar Mexican Wrap	\$37.0
慢煮辣雞胸烤南瓜甘筍墨西哥卷	Slow Cooked Chicken Breast, Roasted Pumpkin & Multi-coloured Carrot Mexican Wrap	\$37.0
牛油果藜麥意式雜菜墨西哥卷	Avocado, Quinoa & Italian Vegetable Mexican Wrap	\$37.0
蜜糖芥末燒牛肉白蘑菇墨西哥卷	Roast Beef, Wild Mushroom & Honey Mustard Mexican Wrap	\$39.0
煙三文魚碎蛋菠菜墨西哥卷	Smoked Salmon & Egg Salad Mexican Wrap	\$39.0
<b>沙律 Salad</b>		
時令鮮果杯	Fresh Fruit Cup	\$22.0
水耕菜田園沙律	HydroVeg Green Salad	\$25.0
藜麥青蘋果田園沙律	Quinoa & Green Apple Salad	\$30.0
蛋蘋果沙律	Egg & Apple Salad	\$29.0
吞拿魚蘋果沙律	Tuna & Apple Salad	\$29.0
香草醬螺絲粉沙律	Pesto Pasta Salad	\$29.0
慢煮辣雞胸香草醬螺絲粉沙律	Pesto Pasta Salad with Slow Cooked Spicy Chicken Breast	\$36.0
凱撒沙律	Caesar Salad	\$29.0
慢煮雞胸凱撒沙律	Slow Cooked Chicken Caesar Salad	\$36.0
烤紅菜頭 · 烤南瓜 · 藜麥沙律	Roasted Beetroot, Pumpkin & Quinoa Salad	\$33.0
煙三文魚 · 牛油果 · 烤野菜沙律	Smoked Salmon, Avocado & Roasted Vegetable Salad	\$42.0
慢煮辣雞胸配德國薯仔沙律	Slow Cooked Spicy Chicken Breast with German Potato Salad	\$36.0
慢煮辣雞胸 · 烤意大利青瓜 · 烤南瓜沙律	Slow Cooked Spicy Chicken Breast, Roasted Zucchini, Roasted Pumpkin Salad	\$36.0
香草鮮蝦青瓜莎莎沙律	Shrimp Pesto & Cucumber Salsa Salad	\$36.0

產品	Item	Price 價錢
牛油果 · 烤小甘筍沙律	Avocado & Roasted Multi-coloured Carrot Salad	\$36.0
<b>即製沙律 Made-to-order Salad</b>		
烤紅菜頭 · 烤南瓜 · 藜麥沙律	Roasted Beetroot, Roasted Pumpkin & Quinoa Salad	\$36.0
慢煮辣雞胸香草醬螺絲粉沙律	Grilled Chicken & Pesto Pasta Salad	\$36.0
香草醬牛油果沙律螺絲粉沙律	Avocado Pesto Pasta Salad	\$36.0
煙三文魚 · 牛油果 · 烤野菜沙律	Smoked Salmon, Avocado & Roasted Vegetable Salad	\$40.0
燒牛肉 · 蘑菇 · 新薯沙律	Roast Beef, Mushroom & New Potato Salad	\$40.0
<b>加配以下飲品一杯：</b>	<b>Top Up Drink:</b>	
咖啡 / 檸檬茶 / 伯爵茶 / 英式早餐茶	Coffee / Lemon Tea / Earl Grey Tea / English Breakfast Tea	+\$6
轉鮮奶咖啡	Change to Hot Latte	+\$12
轉泡沫咖啡	Change to Hot Cappuccino	+\$12
轉時令特飲	Change to Seasonal Drinks	+\$19
以上飲品轉凍飲	All the above change to Iced Drink	+\$2
<b>加配：</b>	<b>Top Up:</b>	
是日餐湯	Soup of the Day	+\$10
鮮果杯	Fresh Fruit Cup	+\$10
鮮果乳酪杯	Fresh Fruit Yoghurt Cup	+\$16

甜品, 麵包及酥餅 Desserts, Bread and Pastry

產品	Item	Price 價錢
法式蘋果撻	French Apple Tart	\$33.0
草莓撻	Strawberry Tart	\$36.0
開心果芝士蛋糕	Pistachio Cheese Cake	\$39.0
軟朱古力撻	Chocolate Truffle Tart	\$33.0
檸檬撻	Lemon Tart	\$33.0
雜莓撻	Mixed Berries Tart	\$36.0
朱古力蛋糕	Quadrotto Morbido	\$23.0
牛角酥	Plain Croissant	\$14.0
朱古力榛子牛角包	Croissant Filling Chocolate Hazelnut	\$18.0
蘋果餡餅	Apple Turnover	\$20.0
提子吉士酥	Raisin Whirl	\$19.0
提子烤餅	Raisin Scone	\$10.0
罌粟籽比高	Poppy Seed Bagel	\$15.0
<b>加配以下飲品一杯：</b>	<b>Top Up Drink:</b>	
咖啡 / 檸檬茶 / 伯爵茶 / 英式早餐茶	Coffee / Lemon Tea / Earl Grey Tea / English Breakfast Tea	+\$6
轉鮮奶咖啡	Change to Hot Latte	+\$12
轉泡沫咖啡	Change to Hot Cappuccino	+\$12
轉時令特飲	Change to Seasonal Drinks	+\$19
以上飲品轉凍飲	All the above change to Iced Drink	+\$2
<b>加配：</b>	<b>Top Up:</b>	
是日餐湯	Soup of the Day	+\$10
鮮果杯	Fresh Fruit Cup	+\$10
鮮果乳酪杯	Fresh Fruit Yoghurt Cup	+\$16

## 熱飲 Hot Drink

產品	Item	Hot 熱 (8oz)	Hot 熱 (12oz)
雙份特濃咖啡 (2 oz)	Double Espresso (2 oz)	\$16.0	NA
黑咖啡	Freshly Brewed Black Coffee	\$20.0	\$24.0
泡沫咖啡	Cappuccino	\$24.0	\$28.0
鮮奶咖啡	Caffé Latte	\$24.0	\$28.0
朱古力咖啡	Caffé Mocha	\$28.0	\$32.0
鮮奶朱古力	Chocolate Milk	\$24.0	\$28.0
鮮奶抹茶	Matcha Latte	\$28.0	\$32.0
咖啡飲品加 榛子/焦糖/抹茶	Coffee drink + Hazelnut / Caramel / Matcha	\$5.0	\$5.0
奶茶	Milk Tea	\$16.0	\$21.0
檸檬茶	Lemon Tea	\$16.0	\$21.0
伯爵茶	Earl Grey Tea	\$16.0	\$21.0
英式早餐茶	English Breakfast Tea	\$16.0	\$21.0
蜂蜜生薑茶	Honey Ginger Tea	\$19.0	\$24.0
蜂蜜柚子茶	Honey Citron Tea	\$19.0	\$24.0

## 凍飲 Iced Drink

產品	Item	Iced 凍 (12oz)	Iced 凍 (16oz)
黑咖啡	Freshly Brewed Black Coffee	\$23.0	\$27.0
泡沫咖啡	Cappuccino	\$27.0	\$31.0
鮮奶咖啡	Caffé Latte	\$27.0	\$31.0
朱古力咖啡	Caffé Mocha	\$32.0	\$36.0
鮮奶朱古力	Chocolate Milk	\$27.0	\$31.0
鮮奶抹茶	Matcha Latte	\$32.0	\$36.0
湯力咖啡	Coffee Tonic	\$32.0	NA
咖啡飲品加 榛子/焦糖/抹茶	Coffee drink + Hazelnut / Caramel / Matcha	+\$5.0	+\$5.0
奶茶	Milk Tea	\$19.0	\$24.0
檸檬茶	Lemon Tea	\$19.0	\$24.0
伯爵茶	Earl Grey Tea	\$19.0	\$24.0
英式早餐茶	English Breakfast Tea	\$19.0	\$24.0
蜂蜜生薑茶	Honey Ginger Tea	\$22.0	\$27.0
蜂蜜柚子茶	Honey Citron Tea	\$22.0	\$27.0