

**This menu is for reference only. For daily menu and latest promotion, please visit or contact the outlet directly.**

**Chong Yuet Ming Amenities Centre Cafeteria - cafe330**

Menu

w.e.f. 8 June 2020

- ☺ 含有機食材 with organic ingredients
- 🌿 素食 Vegetarian Food
- ♻️ 由弱勢社群生產/包裝 Social Goods produced / packed by disadvantaged group
- ★ 公平貿易產品 Fair-trade products

cafe330 (HKU)	Portion/Size	2020 Price
<b>咖啡 Coffee</b>		
美式咖啡 Americano	8oz	\$20.5
泡沫咖啡 Cappuccino	8oz	\$21.5
鮮奶咖啡 Latte	8oz	\$21.5
朱古力咖啡 Mocha	8oz	\$22.5
烤杏仁鮮奶咖啡 Roasted Almond Latte	8oz	\$22.5
薑味鮮奶咖啡 Ginger Latte	8oz	\$22.5
意大利芝士餅莫加咖啡 Tiramisu Mocha Coffee	8oz	\$22.5
☺ 有機豆奶咖啡 Organic Soya Latte	8oz	\$22.5
☺ 有機蜜糖咖啡 Organic Honey Coffee	8oz	\$22.5
焦糖鮮奶咖啡 Caramel Latte	8oz	\$22.5
抹茶鮮奶 Green Tea Latte	8oz	\$22.5
特濃咖啡 Espresso	1oz	\$20.5
雙份特濃咖啡 Espresso Doppio	2oz	\$25.5
凍美式咖啡 Iced Americano	14oz	\$23.5
凍泡沫咖啡 Iced Cappuccino	14oz	\$24.5
凍鮮奶咖啡 Iced Latte	14oz	\$24.5
凍朱古力咖啡 Iced Mocha	14oz	\$25.5
凍烤杏仁鮮奶咖啡 Iced Roasted Almond Latte	14oz	\$25.5
凍薑味鮮奶咖啡 Iced Ginger Latte	14oz	\$25.5
凍意大利芝士餅莫加咖啡 Iced Tiramisu Mocha Coffee	14oz	\$25.5
☺ 凍有機豆奶咖啡 Iced Organic Soya Latte	14oz	\$25.5
☺ 凍有機蜜糖咖啡 Iced Organic Honey Coffee	14oz	\$25.5
凍焦糖鮮奶咖啡 Iced Caramel Latte	14oz	\$25.5
凍抹茶鮮奶 Iced Green Tea Latte	15oz	\$25.5
330花系咖啡手沖體驗 330 Hand Drip Floral Coffee	8oz	\$33.0
熱飲 8oz加大至14oz (Hot drinks upgrade from 8oz to 14oz) +\$6		\$6.0
<b>有機豆漿 Organic Soymilk (Per cup)</b>		
☺♻️ 凍有機豆漿 (無添加糖) Organic Soymilk (No Added Sugar)	8oz	\$12.0
☺♻️ 凍有機豆漿 (低糖) Organic Soymilk (Less Sugar)	8oz	\$12.0
☺♻️ 凍有機黑豆漿 (低糖) Organic Black Soymilk (Less Sugar)	8oz	\$12.0
☺♻️ 熱有機豆漿 (無添加糖) Hot Organic Soymilk (No Added Sugar)	8oz	\$12.0
☺♻️ 熱有機豆漿 (低糖) Hot Organic Soymilk (Less Sugar)	8oz	\$12.0
☺♻️ 熱有機黑豆漿 (低糖) Organic Black Soymilk (Less Sugar)	8oz	\$12.0
☺♻️ 凍有機豆漿 (無添加糖) Organic Soymilk (No Added Sugar)	14oz	\$17.0
☺♻️ 凍有機豆漿 (低糖) Organic Soymilk (Less Sugar)	14oz	\$17.0
☺♻️ 凍有機黑豆漿 (低糖) Organic Black Soymilk (Less Sugar)	14oz	\$17.0
☺♻️ 熱有機豆漿 (無添加糖) Hot Organic Soymilk (No Added Sugar)	14oz	\$17.0
☺♻️ 熱有機豆漿 (低糖) Hot Organic Soymilk (Less Sugar)	14oz	\$17.0
☺♻️ 熱有機黑豆漿 (低糖) Organic Black Soymilk (Less Sugar)	14oz	\$17.0
<b>有機蜜糖 Organic Honey Drink</b>		
☺ 檸檬有機蜜糖 Organic Honey with Lemon	8oz	\$22.5
☺ 花旗蔘有機蜜糖 Ginseng with Organic Honey	8oz	\$22.5
☺ 菊花杞子有機蜜糖 Chrysanthemum Tea with Goji & Organic Honey	8oz	\$22.5
☺ 有機蜂蜜薑茶 Ginger Tea with Organic Honey	8oz	\$22.5
☺ 凍檸檬有機蜜糖 Iced Organic Honey with Lemon	14oz	\$25.5

cafe330 (HKU)	Portion/Size	2020 Price
<b>有機香草茶 Organic Green Tea with Herbs (Per cup)</b>		
☺ 有機香茅綠茶 Organic Lemongrass Green Tea	8oz	\$19.0
☺ 有機羅勒綠茶 Organic Basil Green Tea	8oz	\$19.0
☺ 有機薄荷綠茶 Organic Mint Green Tea	8oz	\$19.0
☺ 凍有機香茅茶 (甜) Organic Lemongrass Tea (with sugar)	8oz	\$14.0
☺ 凍有機洛神花茶 (甜) Organic Roselle Tea (with sugar)	8oz	\$14.0
☺ 有機紅茶 (熱) Organic Black Tea (Hot)	8oz	\$19.0
☺ 有機綠茶 (熱) Organic Green Tea (Hot)	8oz	\$19.0
☺ 凍有機香茅茶 (甜) Organic Lemongrass Tea (with sugar)	14oz	\$19.0
☺ 凍有機洛神花茶 (甜) Organic Roselle Tea (with sugar)	14oz	\$19.0
<b>天然花果茶 Natural Floral Tea</b>		
粉紅玫瑰花茶 Pink Rose Floral Tea	8oz	\$19.0
洋甘菊花茶 Chamomile Floral Tea	8oz	\$19.0
金桂花茶 Osmanthus Floral Tea	8oz	\$19.0
薰衣草花茶 Lavender Floral Tea	8oz	\$19.0
(另加有機蜜糖 Addition of organic honey)		HK\$4.0
<b>特飲 Special Drinks</b>		
比利時朱古力沙冰 Belgian Chocolate Frappe	14oz	\$28.0
烤杏仁朱古力沙冰 Roasted Almond Chocolate Frappe	14oz	\$28.0
咖啡沙冰 Espresso Frappe	14oz	\$28.0
凍頂烏龍奶茶沙冰 Oolong Milk Tea Frappe	14oz	\$28.0
蜜糖沙冰 Honey Frappe	14oz	\$28.0
草莓湧冰 Strawberry Smoothe	14oz	\$28.0
<b>其他飲品 Other Beverages</b>		
檸檬茶 Lemon Tea	8oz	\$13.5
檸檬水 Lemonade	8oz	\$13.5
奶茶 Milk Tea	8oz	\$13.5
朱古力 Chocolate	8oz	\$13.5
凍檸檬茶 Iced Lemon Tea	14oz	\$15.5
凍檸檬水 Iced Lemonade	14oz	\$15.5
凍奶茶 Iced Milk Tea	14oz	\$15.5
凍朱古力 Iced Chocolate	14oz	\$15.5
<b>2公升熱飲(保溫壺) 2L Hot Drink (Thermal Flask)</b>		
熱咖啡 Coffee	2L	\$195.0
凍頂烏龍奶茶 Oolong Milk Tea	2L	\$130.0
保溫壺按金 Deposit for Thermal Flask		\$200.0
<b>樽裝飲品 Bottled Drinks (Glass bottle)</b>		
Greenstone Smoothie 果昔 奇異果/蜜桃芒果/薑黃蘋果甘筍/紫甘筍紅菜頭蘋果 Green / Mango/ Glow Bright / Dark Heart	325ml	\$26
Teza果茶 Fruit Tea 斐濟果青檸檬花綠茶/紅絲絨莓黑茶 Feijoa & Limeblossom/ Velvetberry Black Tea	325ml	\$25
dayday330 冷泡咖啡(玫瑰) dayday330 Cold Brew Coffee (Rose)	200ml	\$35
<b>甜品 / 切餅 Dessert / Cake</b>		
☘ 迷你木糠布甸 Mini Macau Pudding		\$13.5
☘ 迷你意大利芝士杯 Mini Tiramisu Cup		\$13.5
☘ 藍莓芝士餅 Blueberry Cheese Cake		\$22.0
☘ 紐約芝士餅 New York Cheese Cake		\$22.0
☘ 金桂花茶凍 Osmanthus Tea Jelly		\$7.0
☘ 玫瑰花茶凍 Rose Tea Jelly		\$7.0
☘ 紅豆椰汁糕 Red Bean & Coconut Milk Pudding		\$7.0
☘ 馬豆椰汁糕 Split Pea & Coconut Milk Pudding		\$7.0
☘ 白朱古力慕絲杯 White Chocolate Mousse Cup		\$16

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<b>三文治 Sandwiches</b>			
✿	三文治-芝士蕃茄生菜 (半份) Cheese, Tomato & Lettuce (half-portion)	Half-portion	\$13.5
✿	三文治-吞拿魚 (半份) Tuna	Half-portion	\$13.5
✿✿	三文治-碎蛋沙律 (半份) Egg Mayonaise	Half-portion	\$13.5
✿	三文治-煙火雞 (半份) Smoked Turkey	Half-portion	\$15.5
✿	三文治-煙三文魚 (半份) Smoked Salmon	Half-portion	\$18.0
✿	三文治-芝士蕃茄生菜 Cheese, Tomato & Lettuce	Full-portion	\$20.5
✿	三文治-吞拿魚 Tuna	Full-portion	\$20.5
✿✿	三文治-碎蛋沙律 Egg Mayonaise	Full-portion	\$20.5
✿	三文治-煙火雞 Smoked Turkey	Full-portion	\$23.5
✿	三文治-煙三文魚 Smoked Salmon	Full-portion	\$26.5
✿	意式烤三文治-黑椒牛肉 Panini with Pastrami	Full-portion	\$25.5
✿	意式烤三文治-煙火雞 Panini with Smoked Turkey	Full-portion	\$25.5
✿	意式烤三文治-煙三文魚 Panini with Smoked Salmon	Full-portion	\$28.5
✿	煙三文魚夾包 Smoked Salmon Brioche	Full-portion	\$20.5
✿	碎蛋沙律芝士夾包 Egg Mayonnaise Brioche	Full-portion	\$15.5
✿	吞拿魚夾包 Tuna Brioche	Full-portion	\$15.5
✿	吞拿魚芝士全麥治 (全份) Tuna & Cheese Whole Wheat Sandwich (full-portion)	Full-portion	\$22.5
✿	吞拿魚芝士全麥治 (半份) Tuna & Cheese Whole Wheat Sandwich (half-portion)	Half-portion	\$15.0
	牛油果煙火雞全麥三文治 Avocado Smoked Turkey Whole Wheat Sandwich	Full-portion	\$29
	牛油果煙火雞全麥三文治 Avocado Smoked Turkey Whole Wheat Sandwich	Half-portion	\$19
<b>沙律 Salad</b>			
✿	煙火雞田園沙律 Smoked Turkey Veggie Salad		\$30.50
✿	煙三文魚田園沙律 Smoked Salmon Veggie Salad		\$34.00
☺✿	煙火雞有機螺絲粉沙律 Smoked Turkey Organic Fuselli Salad		\$31.00
☺✿	煙三文魚有機螺絲粉沙律 Smoked Salmon Organic Fuselli Salad		\$35.00
<b>烘焙食品 Bakery</b>			
☺✿	有機燕麥鬆餅 Organic Oatmeal Muffin		\$14.5
✿	藍莓鬆餅 Blueberry Muffin		\$13.5
✿	朱古力鬆餅 Chocolate Muffin		\$13.5
✿	牛角包 Croissant		\$10.5
✿	香草意式包 Focaccia		\$11.5
✿	吞拿魚酥 Tuna Lattice		\$13.5
☺✿	有機抹茶鬆餅 Organic Matcha Muffin		\$14.5
☺✿	有機豆乳合桃鬆餅 Walnut Muffin with Organic Soymilk		\$14.5
<b>是日餐湯 Daily Soup</b>			
✿✿	有機什菌忌廉湯 Creamy Organic Mushroom Soup	8oz	\$17.5
✿✿	洋蔥忌廉湯 Creamy Onion Soup	8oz	\$17.5
✿✿	蕃茄忌廉湯 Creamy Tomato Soup	8oz	\$17.5
<b>是日午餐 (3 choices per weekday)</b>			
✿✿	午餐精選A Lunch Special A (素食 Vegetarian Choice)		\$39.0
☺✿	午餐精選B Lunch Special B (有機意粉/飯 Organic Spaghetti/ Organic Rice)		\$44.0
✿	午餐精選C Lunch Special C (日式冷麵系列/越式凍粉絲系列) Cold Soba / Cold Noodles Series		\$39.0 - \$42.0

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<b>是日早餐 Daily Breakfast (5 choices per day)</b>			
☼	早餐 A Breakfast set A 精選麵包+ 一般熱飲(咖啡/奶茶/檸茶等)		\$25.5
☼	早餐 B Breakfast set B 精選鬆餅+ 一般熱飲(咖啡/奶茶/檸茶等)		\$26.5
☼	早餐 C Breakfast set C 精選三文治全份+ 一般熱飲(咖啡/奶茶/檸茶等)		\$28.5
☼	早餐 D Breakfast set D 湯螺絲粉 + 一般熱飲(咖啡/奶茶/檸茶等)		\$31.0
☼☺	早餐 E Breakfast set E 有機豆漿無麩質蜜糖脆麥 + 一般飲品(熱咖啡/奶茶/檸茶等)		\$30.0
	早餐跟餐飲品升級其他咖啡加\$4 Breakfast: set drinks upgrade to other coffee +\$4		\$4.0
<b>是日下午茶餐 Daily Tea Set (5 choices per day)</b>			
☼	下午茶餐 A Tea Set A 是日精選切餅 + 一般熱飲(咖啡/奶茶/檸茶等)		\$33.0
☼	下午茶餐 B Tea Set B 是日甜品杯 + 一般熱飲(咖啡/奶茶/檸茶等)		\$25.0
☼	下午茶餐 C Tea Set C 是日餐湯 + 一般熱飲(咖啡/奶茶/檸茶等)		\$28.5
☼	下午茶餐 D Tea Set D 是日鬆餅 / 酥餅 + 一般熱飲(咖啡/奶茶/檸茶等)		\$25.5
☼	下午茶餐 E Tea Set E 湯烏冬 + 一般熱飲(咖啡/奶茶/檸茶等)		\$36.0
	下午茶餐跟餐飲品升級其他咖啡加\$4 Tea Set: set drinks upgrade to other coffee +\$4		\$4.0
<b>晚餐 Dinner Set (1 per day)</b>			\$43.0
<b>包裝食品 Prepacked Food</b>			
☺	Olly有機南瓜籽 Organic Pumpkin Seeds	70g	\$21.0
☺	Olly有機葵花籽 Organic Sunflower Seeds	70g	\$18.0
☺	Olly有機杏脯 Organic Apricot	80g (+/-5g)	\$31.5
☺	Olly有機開心果 Organic Pistachio Nuts	70g	\$32.5
☺	Olly有機薑糖 Organic Crystallized Ginger	70g	\$20.5
☺	Olly有機腰果 Organic Cashew Nuts	70g	\$32.5
☼	glee腰果 (鹽焗)Roasted Cashew Nuts	100g	\$31.5
☼	glee開心果 Pistachio Nuts	100g	\$25.5
☼	glee元肉 Dried Logans	100g	\$25.5
☼	glee杏仁 (鹽焗)Roasted Almonds	100g	\$25.5
☼	glee杏仁 (原味) Raw Almonds	100g	\$25.5
☼	glee合桃 (原味) Raw Walnuts	100g	\$25.5
☼	glee無花果乾 Dried Figs	200g	\$31.5
☼	glee天然花茶 - 菊花 Chrysanthemum	30g	\$30.5
☼	glee天然花茶 - 檸檬草 Lemongrass	30g	\$30.5
☼	glee天然花茶 - 茉莉 Jasmine	30g	\$30.5
☼	glee天然花茶 - 洛神花 Hibiscus Flower	30g	\$30.5
☼	glee天然花茶 - 歐石楠 Calluna	30g	\$30.5
☼	glee天然花茶 - 歐薄荷 Peppermint	30g	\$30.5
☼	glee天然花茶 - 牛蒡茶 Burdock	30g	\$30.5
☺	glee手工曲奇 (有機燕麥)(10片) Homemade Cookies (Organic Oatmeal) (10pcs)	10pcs	\$26.0
☺	glee手工曲奇 (有機迷迭香)(10片) Homemade Cookies (Organic Rosemary) (10pcs)	10pcs	\$26.0
☺	glee手工曲奇 (有機無花果)(10片) Homemade Cookies (Organic Fig) (10pcs)	10pcs	\$26.0
	低糖燕麥乳酪夾心餅 (原味/藍莓) Low Sugar Muesli Yogurt Sandwich (Original / Blueberry)	69g	\$15.0
	低糖黑朱古力 - 海鹽焦糖味 Low Sugar Chocolate (Salted Caramel) 25g	25g	\$11.0
☆	Fair-trade 果粿 - 杏脯 Geobar - Apricot 32g	32g	\$11.5
☆	Fair-trade 果粿 - 朱古力 Geobar - Chocolate 32g	32g	\$11.5
☆	Fair-trade 果粿 - 什果,果仁,蜜糖 Geobar - Fruit, Nut and Honey 32g	32g	\$11.5
☆	Fair-trade 果粿 - 什莓 Geobar - Mixed Berries 32g	32g	\$11.5
☺☆	Fair-trade 有機菠蘿及腰果營養果巴25g	25g	\$16.0
☆	Fair-trade 牛奶朱古力 Milk Chocolate 45g	45g	\$19.0
☆	Fair-trade 白朱古力 White Chocolate 45g	45g	\$19.0
☆	Fair-trade 橙味牛奶朱古力 Orange Milk Chocolate 45g	45g	\$20.0
☆	Fair-trade 黑朱古力 Dark Chocolate 45g	45g	\$20.0

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☆	蘋果芒果乾 Dried Apple & Mango Fruit Snack 40g	40g	\$18.5
☆	梨桃果乾 Dried Pear & Peach Fruit Snack 40g	40g	\$18.5
☆	提子杏脯乾 Dried Fruit - Raisin and Apricot Snack Pack 30g	30g	\$12.5
☆	原粒去核杏脯乾 Sun Dried Apricot 125g	125g	\$41.0
☆	天然生曬菠蘿乾 Sun Dried Pineapple 100g	100g	\$41.0
☺☆	有機英式紅茶包 Organic English Breakfast Tea (25 teabags)	25 teabags	\$31.0
☺☆	有機伯爵茶包 Organic Earl Grey Tea (25 teabags)	25 teabags	\$31.0
☺☆	有機茉莉茶包 Organic Jasmine Tea (2g X 25 teabags)	25 teabags	\$31.0
☆	雙重朱古力曲奇 Cookies - Double Choc Chunk 44g Twin pack	44g	\$16.0
☆	薑味曲奇 Cookies - Stem Ginger 44g Twin pack	44g	\$16.0
☆	提子果仁朱古力曲奇 Cookies - Fruit, Chocolate & Nut 44g Twin pack	44g	\$16.0
	地中海餅乾條 (橄欖肉 / 芝士 / 蕃茄 / 橄欖油) Quely Breadsticks (With Olives/ With Cheese/ Mediterranean/ In Olive Oil)	50g	\$11.0
✿	glee 腰果 (鹽焗) Roasted Cashew Nuts 40g	40g	\$16.0
✿	glee 開心果 Pistachio Nuts 40g	40g	\$16.0
✿	glee 杏仁 (原味) Raw Almonds 40g	40g	\$16.0
✿	glee 合桃 Raw Walnuts 30g	30g	\$16.0
✿	glee 無花果乾 Dried Figs 50g	50g	\$16.0
✿	glee 雜錦堅果 Nuts Mix (Almond, Roasted Cashew Nuts, Walnuts) 45g	45g	\$19.0
✿	glee 藍莓混合 Blueberry Mix (Dried Whole Blueberry, Dried Pineapple) 45g	45g	\$19.0
✿	glee 雜錦乾果 Nuts & Fruit Mix (Almond, Cashew Nuts, Dried Cranberries, Dried Pineapple) 45g	45g	\$19.0
✿	glee 天然乾果雜錦 Natures Delight Mix (Pistachios, Pumpkin Seeds, Sunflower Seeds, Sultana, Gogiberry) 40g	45g	\$19.0
✿	天然果茶 (盒) -石榴甜橙/藍莓雜錦/草莓乳酪/鳳梨蘋果" "Fruit Tea Blend (Box) -Pomergranate Orange/ Blueberry Mix/Strawberry Yoghurt / Pineapple & Apple	40g (8g x 5 packs)	\$46.0
✿	330花系咖啡掛耳包 (7包/盒裝) 330 Floral Coffee -Drip Coffee Bag (7pcs/Box set)	7pcs/Box set	\$98.0
✿	330花系咖啡掛耳包 (1包) 330 Floral Coffee -Drip Coffee Bag (1pc)	1pc	\$14.0
	Gerio 無糖55%朱古力波 Gerio Sugar Free Chocolate Balls 40g	40g	\$15
	Gerio無糖雜錦朱古力波 Gerio Sugar Free Assorted Flavor Chocolate Balls 40g	40g	\$15
	Prestige 低鹽低糖燕麥益生菌夾心餅 Prestige Wellness Probiotic Sandwich Biscuit	69g	\$15
	Prestige 低鹽低糖燕麥抹茶夾心餅 Prestige Wellness Matcha Sandwich Biscuits	69g	\$15
	<b>其他 Others</b>		
	外賣早餐及下午茶餐湯盒收費 +\$2 Takeaway box for breakfast & tea set		\$2.0
	外賣午餐及晚餐餐盒收費 +\$2 Takeaway box for lunch and dinner		\$2.0
	盛載外賣餐盒中紙袋 +\$2 Paper bag for takeaway food (M size)		\$2.0
	盛載外賣餐盒大紙袋 +\$3 Paper bag for takeaway food (L size)		\$3.0
	自攜飲品 / 食品器皿可獲減\$2 Bring your own food/drinks container -\$2		-\$2.0