

Empowering and Advancing Women in Leadership Programme

The Outward Bound Trust of Hong Kong has an enviable reputation for the delivery of high quality personal development, teambuilding & leadership programmes. We are a not for profit organisation focused on outcomes-based learning through outdoor adventure that has been serving the Hong Kong community for over 45 years.

Find out more about us: www.outwardbound.org.hk

In partnership with our generous sponsors and funding partners we are able to offer 12 students the opportunity to attend a unique and innovative pilot programme aimed at empowering participants with the confidence and aspiration to succeed in their future careers and overcome barriers to advancing in leadership.

The programme is specifically developed for female undergraduate students 18-21 years old and will address gender issues.

The programme is an 8-day expedition on 'Spirit of Outward Bound Hong Kong' our flagship round the world sailing vessel.

Important Dates:

We will be accepting applications from participants meeting <u>our criteria</u> from **Monday Ist August until Sunday I8th September closing at 17h00.**

All applications will be reviewed and assessed by a selection panel on **Friday 23rd September**. Applicants should make themselves contactable and available for further arrangements.

Successful applicants will be notified on Monday 26th September.

Participants must be available for the <u>full duration</u> of the course **09h00 Tuesday II**th **to I6h00 Tuesday I8**th **October.**

Applications are Open to Candidates Who Fulfill the Following Criteria:

- Currently enrolled in an Undergraduate Degree at any recognised higher learning institute in Hong Kong.
- Females Aged 18 to 21 years old
- Holder of a valid HK ID Card

Applications will only be received electronically and must comply with the format provided. Please request an application and submit completed applications to your university contact or spirit@outwardbound.org.hk

The application procedure requires current contact details, a motivation letter and a referral letter. Please see the attached templates.



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Linked In https://www.linkedin.com/company/outward-bound-hong-kong

Outward Bound Professional Corporate Video (2Min)

https://youtu.be/aeans1rlt8M

Empowering and Advancing Women in Leadership Programme Application

Course Code: LTCE 4176 Dates: Tuesday 11th - Tuesday 18th October 2016 Submit Applications to spirit@outwardbound.org.hk **Personal Contact Details** First Name: Last Name: Contact Number: **Email Address:** HK ID Card Number: Date of Birth: **Referral Contact Details** First Name: Last Name: Contact Number: Email Address: Faculty/Company: Position: University / Educational Institute: **Expected Graduation Year:** Faculty/Major/ Course: 1) Motivation Letter from Student Profile and Character Tell us about yourself and your interests. Why you would be a suitable beneficiary for the programme? Students who have overcome obstacles related to health, family, social, educational or economic disadvantages are encouraged to apply. Any circumstance that shows strength of character and potential for achievement should be stated in your application. 5 Lines Maximum Aspirations / Future Perspective What would you aim to achieve in the 8 days? What are your career aspirations? 5 Lines Maximum



Financial Need

We consider	how students a	are financin	g their	education.	This refers	to governi	ment g	jrants,
financial aid,	scholarships or	how many	hours	per week t	hey work to	subsidise	their s	studies

Edition Martining
5 Lines Maximum
Community Service and Extracurricular Activities
We consider not only your community service but, more importantly, the impact your service has had on a particular individual or group. Any volunteerism, service learning, field-work or internships that show civic responsibility and engagement. We consider students who are actively and regularly involved with extra-curricular activities, sports and/or societies
5 Lines Maximum
<u>Leadership</u>
We consider students with experience in leading groups and providing direction to others
including teaching, training, organising, managing and carrying more responsibility on the part
of a group or organisation. Being held in high regard by one's peers for being a role
model through actions and deeds; and making improvements and achieving successes with or
on behalf of others
5 Lines Maximum



2) Referral Letter / Character Reference

A letter from a credible reference (Teacher, Faculty, Employer, Counselor, Social Worker) which supports the motivation letter and includes but is not limited to the following:

Personality Traits & Interpersonal Skills

- Responsibility and reliability
- Demonstrating commitment and an ability to follow through with completing tasks, projects and challenges undertaken.
- Positive attitude, self-motivated
- Willingness to take on challenges and step outside of their comfort zone.
- Exhibits caring and compassion for others
- Exhibits good judgment including privacy and confidentiality
- Ability to communicate clearly, share ideas and accept different points of view
- Ability to deal with and manage conflict

Leadership Potential

- Interest in leadership and gender issues
- Leadership experience either at work, schools or community groups
- Taken on a role working with a group of people
- Actually lead a group (motivated, facilitated and organised a group to achieve a task)
- Ability to take a calculated risk
- Shows learning from experience
- Experience with <u>Diversity and Gender Awareness</u>

250 Words Maximum or Attached Word /PDF						